Gearing up for the season:

Hockey Gear & Car Seats

Hockey gear is designed to keep kids safe on the ice, not in a vehicle. Shoulder and chest pads, padded pants and other hockey gear, will significantly impact the harness or seat belt fit, reducing its effectiveness.

Dress your player in base layers for the commute to the rink and ensure they are properly secured in the appropriate car seat for their age, height and weight.